



## To the Parents and Friends of the Helen Rice Tennis School...

### Overview:

- **All Red Ball group classes have been postponed due to social distancing measures.**
- **All groups have been readjusted so that there is a maximum of 3 students per class.**
- **Students are only to touch their own racquets and drink bottles - NO balls**
- **Check out the updated Tennis Australia Guidelines here:**

<https://www.tennis.com.au/wp-content/uploads/2020/03/COVID-19-Community-Tennis-Guidelines-for-Continued-Play-V3.pdf>

This is an important notice about our lessons regarding the COVID-19 (Coronavirus) outbreak. No doubt, people have questions and concerns about the Coronavirus, and the impact it'll have on our lessons.

These are unprecedented times, and we're working hard to keep our students, staff and the wider community safe.

Please note that as this is an ever changing situation we will continue to monitor the advice given by the Australian Government and relevant Health Organisations.

Their latest advice does not advise against small gatherings and they haven't advised to close schools, childcare or sporting activities etc.

With that in mind, (for the sake of our staff, and the power of consistency for kids) our lessons will continue to run for as long as it remains safe to do so.

In saying that, our number one priority at this time is the wellbeing of all our students, their families and our staff members.

### **We are taking the following action steps to protect the health and well-being of all people involved with the Helen Rice Tennis School:**

Tennis is a unique sport in that it is non-contact, with limited close proximity between players. We will be avoiding high fives, hand shakes and all physical contact. We will also ensure that our lesson structures encourage kids to keep a reasonable distance between themselves and coaches wherever possible. We will encourage all students and coaches to wash their hands before and after their session. Soap and paper towels will be provided to do so.

All our classes have been modified to ensure that there are no more than 3 students (and a coach) per full court.

Please ensure that everyone brings their own water bottle as sharing of water bottles should not occur and there will be no access to communal cups/glasses at the coaching venues.

We also advise that our students should not attend lessons:

- if they are unwell
- if they had been in close contact with someone known to currently have the COVID-19 virus
- if they fall under the Federal Government's travel and self isolation restrictions

If you choose to (or need to) stop lessons because of Coronavirus, please let us know and we will honour your make-ups when you return.

Please watch for communications via email from the Helen Rice Tennis School regarding limiting some of our services, or even a mandated temporary closure.



In the meantime you're helping us ensure that on the other side of Coronavirus, there is still some regularity in activities that are so vital to our health, wellbeing and physical fitness.

**Here's what you as parents can do as well:**

1. Use the hot water and soap in our changerooms to wash your hands thoroughly and regularly when you're here (and get your kids to do the same).
2. Keep your kids away from others who are sick.
3. If you or your child are showing any symptoms (coronavirus symptoms or otherwise), we ask that you please do not come to your lesson to avoid spreading germs. Contact your doctor, and follow the latest isolation and testing guidelines.

Please note that our clubroom at Netherby is now strictly out of bounds and our clubroom at Denman is only available for hand washing and using the restrooms.